

Be There for ME



Waalidnimadu  
waxay noqon kartaa  
mid farxad leh.

Sidoo kale way adkaan kartaa.

Qof walba wuxuu u baahan yahay caawin  
mararka qaarkood, oo taageero la heli  
karo ayaa jirta.

Be There for ME waa goob aan la isku  
xukminin oo aad ka bilaabi karto inaad  
taageero ka raadsato.



Haddii aad tahay waalid ama daryeel bixiye,  
**Be There for ME** waa goob aad ka bilaabi  
karto inaad taageero ka raadsato:

- Guryaha
- Gaadiidka
- Helitaanka Walxaha Maalinlaha ah
- Cunto
- Daryeelka Carruurta
- Caafimaadka ama Korniinka Ilmahaaga
- Dareenka ama walbahaarka Ilmahaaga
- Noqoshada Waalid ama Daryel Bixiye Cusub
- Dareenkaaga ama Walbahaarkaaga
- Maandooriyaha ama Khamriga
- Ka Fekerida Waxa Aad u Baahan Tahay

**Be There for ME**



**Wax badan ka ogoow barta:  
BeThereforME.org**

Taageerida Waalidiinta iyo Daryeel  
Bixiyayaasha Maine

Be There for ME waxaa soo saareen Department of Health and Human Services iyo Maine Child Welfare Action Network iyadoo lala kaashanayo kooxo kala duwan oo waalidiin iyo daryeel bixiyayaal ah.